

# APC RALLY 8 Day Starting March 10<sup>th</sup> 2018

## Information Guide

The course is a massive loop of the best riding in Australia. Riders can leave work on a Friday afternoon and then make their way to one of five start points. The course is approximately 3500 km in length. The APC Rally is a ride that is action packed and, since this rally does not go out into the far western country, there are no long open road sections. The APC Rally is designed so riders can take easy options around more technical sections if they have a large touring bike or they just don't have the confidence to take on these sections. If riders are travelling as a group and they have different skill levels it is easy to regroup at the next town and continue to ride together.

We have been listening to our customers and many have asked for a shorter course because they cannot get more than 1 week away from work. They also do not want to have to travel too far before starting a ride. We have changed to March to avoid cold weather which means you don't have to carry as much gear. We have reduced the fuel range to 250 km and have more pub accommodation on the course so camping is just an option. The course can now be done on one set of tyres. If riders bring mates with less experience this course allows for them to take easy routes and if they are not near home on day 7 they can easily use a Highway to get home. The sport has progressed in the last 6 years and the equipment and the knowledge base has made it that riders are looking for new challenges. We will have some "black sections" on this ride which are completely optional and they are there for riders who want to be challenged.

All riders are required to carry a spot tracker and a GPS because these are safety devices that every adventure rider should carry on every ride. Riders no longer are required to have live tracking but we strongly recommend it because it means we can see you.

We will also offer a "group connect" if riders wish to ride as a group with people who have similar skill level. You simply advise your skill level and that you wish to travel in a group. For riders who are showing up by themselves this will be a great new feature. If you have wanted to try adventure riding can I just say that this is the real thing. We have plenty of track so you won't be in the pub at 3 pm. We figure if you are taking a week off work to go riding then that's what we want to provide. You can go as far as like each day on track that you would not find unless you had local knowledge.

Since we have designed a shorter course most of it will be new.

- Brisbane Start point: Urbenville Hotel at Urbenville. NSW/Qld Border
- Sydney Start point: Wisemans Inn Hotel
- Melbourne Start point: Bonnie Doon Hotel
- Goondiwindi Start point: Victoria Hotel
- Dubbo Start point: Amaroo Hotel

We will have GPS loading sessions: Brisbane Feb 23<sup>rd</sup> - Bulimba Golf Club Friday 6 pm.

Sydney Feb 24<sup>th</sup> - Rag and Famish Hotel Sat 4 pm

Melbourne Feb 25<sup>th</sup> - Pullman Hotel Albert Park Sunday 3 pm

Those who cannot make the GPS loading sessions can mail their GPS to APC Rally address:  
P.O Box 785, Bulimba QLD 4171

Some stuff we recommend all riders do before they do this ride or any other ride:

1. Get travel insurance for the trip - [www.insureandgo.com.au](http://www.insureandgo.com.au) (gold cover) \$60
2. Get spinal injury insurance - <http://www.pbf.asn.au/> - \$48 for one year \$250,000 pay out
3. Get RACQ Ultimate or equivalent in your state - \$280 this is awesome road side assistance.

## Gear recommendations

### GPS

We recommend Garmin GPS units. Garmin 550 Zumo we cannot load with the course. We highly recommend Garmin Montana with rugged marine mount and hard wiring kit, no extra SD card required and they come with good mapping software.

All GPS units need to be hard wired. The one in your car will not work in this application because we need to be able to load a GPX file into it.

### Tyres and ultra-heavy tubes

#### Rear tyre

- Less than 200 kg bike. I would recommend a Dunlop 606 for the rear tyre – 130
- Over 200 kg Motooz tractionator adventure - 150

#### Front tyre

- Pirellie Rally 21

### Tubes

Please just use new ultra-heavy-duty tubes, Bridgestone, Michellin or Moto oz

Run tyre pressures at 28psi and you will not have any flats or damage the rims.

### Chain and Sprockets

Only steel sprockets should be used. Buy a \$200 O ring chain. Have your gearing so you can do 100km per hour without revving to hard.

### Riding Gear

Good Boots, Helmet and gloves are essential. Googles are handy in the dust. All riders need a camel back with at least two litres of water. Riders need to carry sunglasses and cap, leatherman and cigarette lighter.

### Clothes

3 socks, 3 jocks, two T-shirts, 1 jeans, 1 jumper, shorts , thongs and casual sneakers. (no more)

## Personal Items

Toothbrush, Toothpaste, deodorant, brush, headache tablets, lip balm.

## Camping gear

Bikers swag, ground sheet, 1 can of stew, spoon, 4 muesli bars, 4 sachets of tuna and 4 packets of noodles

1 spare water bottle 1.5 litre

Phone charger

## Bike Spares and Tools

You need to be able to change a tyre. Two tyre levers, 6 gas bottles and dispenser. Spanner to undo front and rear wheel nuts. Set of Allen keys, two screw drivers, 6, 7, 8, 10, 11, 12, 13 and 17mm ring spanners. Spare fuses, electrical tape, small zip ties 10, large zip ties 10, spare fuel filter. Filter oil in small bottle to redo an air filter on day 3. Use petrol and soapy water to clean it. Spare clutch lever and spare bolts.

This should all be in a tool roll.

## Panniers and tie downs

Use soft panniers they don't get wrecked if you crash. Andy strapz are the best. Use ratchet straps and cut the ends to suit the place they are going. Burn the ends. Buy a set of four and use the spare two to help support your panniers. Buy two dry bags so your stuff won't get wet when crossing creeks. When packing have all your pub stuff in one bag at the top of a pannier so its easy to unpack each night.

## Wet Weather gear

Always carry wet weather pants and jacket and buy two sizes larger then usual so it will fit over your riding gear. When its cold you simply put this stuff on and it will make you warmer.

## Bike Mods

Extra plate on the bottom of your side stand. Usually heavier front springs on most bikes, Bark busters, and Loctite all bolts especially rear subframe. I strongly recommend fuel bladders as the best choice for carrying extra fuel. Do wheel bearings before a big trip as well as fuel filter and oil change and most of your troubles will be avoided.

Remember the lighter you travel the less stuff will brake on your bike.

## Time lines

1. Pay and fill out entry form and then look at purchasing GPS and set it up on bike.
2. Prepare bike for rally in January this allows for delays on parts.
3. Attend GPS loading and information nights. If unable to attend, send GPS to APC Rally H.Q two weeks before event so it can be loaded and returned. Include \$20 for return postage.
4. Provide spot tracker URL to Rally HQ and look up APC Rally website on how to set up spot tracker.
5. Receive track notes 1 week prior to ride.
6. Turn up to start point with full tank of fuel, water and cash to pay for meals and fuel and accommodation when on the road.

## Emergency information

If a rider is seriously injured hit their spot tracker and complete first aid.